

Autism Research Institute's Graph Of Helpful Therapies for ASD

RANK: Modified CGI – Combined Parent/Clinician
Courtesy Dr Rimland, Autism Research Institute, San Diego, CA

		Got Worse ^a	No Effect	Got Better	Better: Worse	No. of Cases ^b
1	Chelation	2%	22%	76%	38::1	324
2	Gluten- Casein-Free Diet	3%	32%	65%	22::1	1446
3	MethylB12	4%	33%	63%	16::1	192
4	Food Allergy Treatment	3%	37%	61%	21::1	560
5	Melatonin	8%	30%	61%	8::1	573
6	Digestive Enzymes	3%	42%	56%	19::1	737
7	Fatty Acids	2%	42%	55%	28::1	626
8	Diflucan	5%	41%	55%	11::1	330
9	Candida Diet	3%	44%	54%	18::1	756
10	Risperidal	18%	28%	54%	3::1	616
11	Feingold Diet	2%	45%	53%	27::1	758
12	P5P (Vit. B6)	13%	37%	51%	4::1	213
13	Cod Liver Oil	3%	47%	50%	17::1	818
14	Nystatin	5%	46%	49%	10::1	986
15	Secretin IV	7%	44%	48%	7::1	333
16	Zinc	2%	51%	47%	24::1	1244
17	VitB6 w/Mg	4%	49%	47%	12::1	5780
18	Clonidine	21%	31%	47%	2::1	1280
19	IVIG	7%	51%	42%	6::1	45
20	DMG/TMG	7%	51%	42%	6::1	5153
21	Secretin TD	10%	49%	41%	4::1	132
22	Paxil	29%	30%	41%	1.4::1	283
23	Prozac	31%	32%	36%	1.2::1	1123

The following is extrapolated from exhaustive questionnaires of ASD parents by Bernard Rimland, PhD, Autism Research Institute asking the question, “What therapies did you find most helpful for your child?”

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